

# EMPORIO CIUDAD DE MÉXICO



# Healthy ones !!!!!

# \$105 OVERNIGHT OATMEAL & CHIA BOWL | 200 g | 420 cal Made with sugar free coconut and almond milk served with red fruits and homemade low sugar granola ...

- \$155 AVOCADO TOAST | 1 PIECE | 473 cal
  With scrambled or poached eggs (2 pieces), cilantro
  and olive oil
  - \$79 SUGAR FREE GREEK PLAIN YOGURT

    | 200 g

    Prepared with red fruits & vanilla essence, topped with homemade trail mix
- \$134 FRUIT PLATE | 450 g
  With cottage cheese or yogurt (60 g) and homemade granola
- \$179 PANELA CHEESE AND TURKEY HAM
  SANDWICH | 1 PIECE
  Homemade bread, tomato, lettuce, avocado and
  mayonnaise
  - \$59 OATMEAL | 250 g | 380 cal Traditional, prepared with milk or water
- \$119 EGG WHITES MEXICAN-STYLE

  | 4 PIECES | 360 cal

  Served with grilled panela cheese and roasted vegetables

# CLASSIC BREAKFASTS

Our classic breakfasts include: fruit plate (250 g), juice or milk (300 ml), house coffee (refill) or tea (210 ml), pastries or whole wheat or white toast (2 pieces).

#### \$265 CALORIE-WISE | 636 cal

Egg whites Mexican style with grilled panela cheese and roasted vegetables, overnight oatmeal and chia bowl (100 g) and grapefruit juice (250 ml)

#### \$265 HOUSE BREAKFAST

Tirado-style eggs (scrambled with beans, 2 pieces), green enchilada, grilled panela cheese, bread or tortillas

#### \$265 AMERICAN BREAKFAST

Eggs (2 pieces) with bacon, ham or sausage (30 g), refried beans, grilled panela cheese and fried plantain

#### \$265 ENGLISH BREAKFAST

A classic breakfast served with sausage (30 g), smoked bacon (20 g), hash brown potato (1 piece), sautéed mushrooms and grilled tomato

### **OMELETTE**

\$179

3 EGGS

Served with refried beans, grilled panela cheese and fried plantain

HAM AND CHEDDAR CHEESE OMELETTE

EGG WHITE OMELETTE WITH SPINACH, TOMATO AND GOAT CHEESE

MEXICAN TRUFFLE AND OAXACA
CHEESE OMELETTE

POBLANO PEPPER AND CORN OMELETTE 🕦

# EGGS x

\$169

#### 2 PIECES

Served with refried beans, grilled panela cheese and fried plantain

#### YOUR CHOICE OF UP TO

4 INGREDIENTS (60 g in all):

// Tomato // Onion // Mushroom // Spinach // Peppers // Mexican truffle // Squash blossom // Ham // Bacon // Turkey breast // Chorizo // Caramelized onion // Oaxaca cheese // Cheddar cheese // Panela cheese // Goat cheese // Cream cheese

### HOMEMADE BREAD

#### 3 PIECES

Pastries // Bun // Sliced bread \$72

	MC	DERN CLASSICS
<b>*****</b>	\$155	CHILAQUILES  Red or green or Mexican mole, with sour cream, cheese, cilantro and onion
	\$170	With chicken   150 g
	\$165	With egg   2 pieces
	\$235	With flank steak   150 g
<b>*******</b>	\$190	ENCHILADAS   3 PIECES  Red, green, Mexican mole or creamy sauce. Stuffed with chicken (150 g), topped with cheese, sour cream, onion and cilantro
^^^^	\$145	MENUDO   200 g Mexican beef tripe soup, a regional delight
<b>***</b>	\$170	EGGS BENEDICT   2 PIECES With hash brown
<b>*************************************</b>	\$198	VERACRUZ-STYLE EGGS   3 PIECES Burritos filled with mexican-style scrambled eggs, with bean sauce, chorizo, sour cream and cheese, with roasted chilli
······································	\$155	RANCHERO-STYLE EGGS   2 PIECES  Two fried eggs over corn tortilla poured with red ranchera sauce, accompanied with roasted plantain, grilled panela cheese and refried beans
·///////	\$150	MEDITERRANEAN FRITTATA   3 EGGS Egg whites, tomato, feta cheese, olive oil and sea salt
<b>*******</b>	\$215	QUESABIRRIAS   3 PIECES  Birria-style cooked beef folded into a tortilla with melted cheese and served with a side of broth
******	\$220	MARKET FLAVORS  Mexican beef tripe soup (100 g), sope with fried egg  (1 piece) and quesabirria (1 piece)

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- \$135 FRENCH TOAST | 4 PIECES
- \$135 TRADITIONAL PANCAKES | 5 PIECES
- \$135 WAFFLES | 4 PIECES

#### Served with your choice of:

- Yogurt
- Berry coulis
- Domestic maple

# Maple syrup\*

Try the delicate and soft flavor of the original Canadian maple syrup extracted from maple trees sap. It will uplift your dishes to a whole new level of delight.

You got to taste it!

**UPGRADE IT FOR \$50 EXTRA** 

# REGIONAL SPECIALS

#### \$175 EGGS MOTULEÑO-STYLE

2 PIECES

Fried eggs on tortilla and beans, bathed in tomato sauce, ham, peas, served with aged cheese and fried plantain

#### \$175 PREPARED TAMALE

1 PIECE

Oaxacan-style tamales bathed in homemade green or red sauce, gratin and served with refried beans

#### \$175 RANCHERO-STYLE EGGS WITH MOLE SAUCE

2 PIECES

Fried eggs on tortilla bathed in xiqueño mole served with fried plantains and white rice

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HAM | 60 g BACON | 60 g TURKEY HAM | 60 g GRILLED PANELA CHEESE | 60 g REFRIED BEANS | 180 g AVOCADO | 60 g HASH BROWN | 1 PIECE EGG | 1 PIECE

# BEVERAGES

\$59 >>>>>>>	JUICE   300 ml Orange, grapefruit, carrot, green
\$45 >>>>>>>>	MILK   300 ml Low-fat, soy, lactose-free
\$85 >>>	CHOCOLATE MILK   210 ml Hot or cold
\$62 >>>	COFFEE by WPS   300 ml
\$54 >>>	ESPRESSO by WPS   40 ml
\$58 >>>	DOUBLE ESPRESSO by WPS   80 ml
\$75 >>>>>>>	CAPPUCCINO by WPS   300 ml
\$75 >>>	LATTE by WPS   300 ml
\$80 >>>	CHAI LATTE by WPS   300 ml
\$62 >>>	TEA by WPS   210 ml, 1 bag





#### **CHEF'S RECOMMENDATION**

The consumption of raw or undercooked meat, poultry, seafood or egg products increases the risk of foodborne illnesses

Prices in Mexican pesos

Tax included

Average weight of food before cooking

To file a complaint or report abusive or discriminatory practices, please call the consumer line at 55 55 68 87 22 and 800 4 68 87 22

May, 2025.