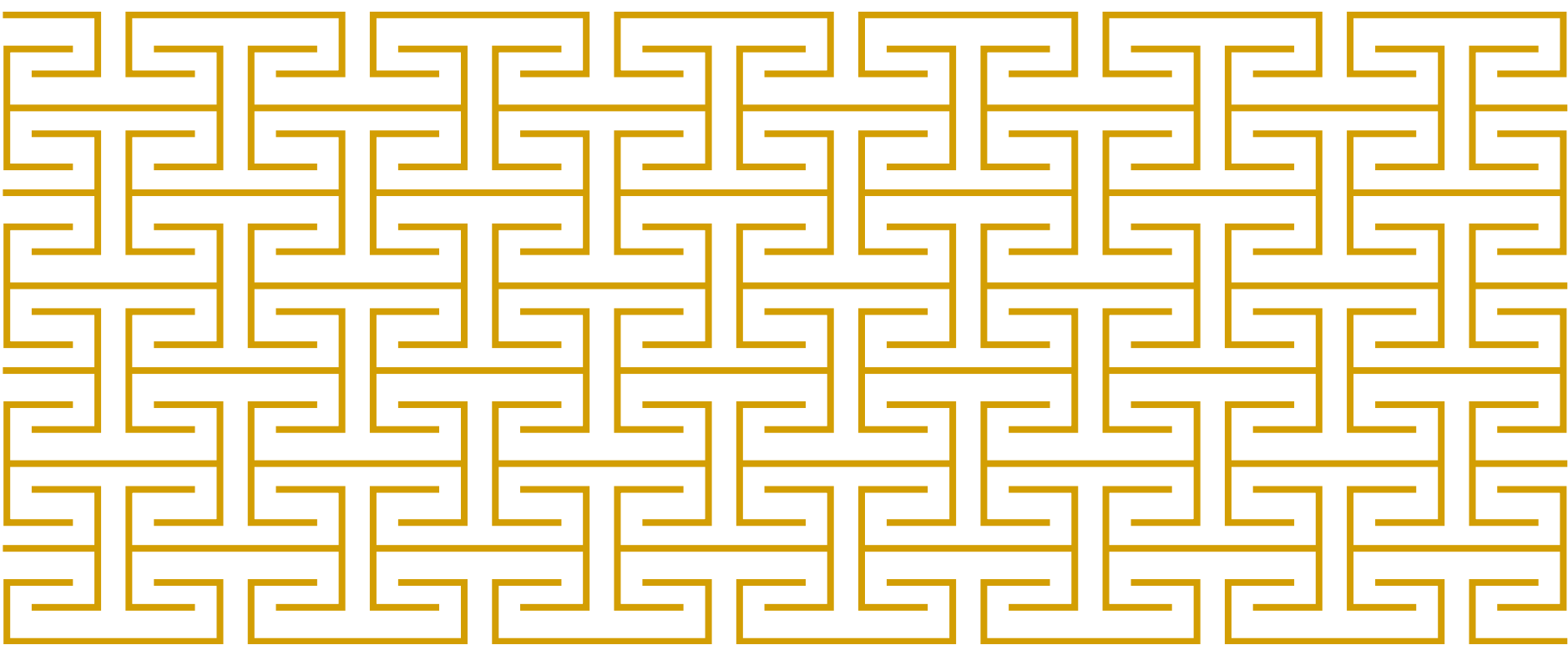


# ROOM SERVICE



## Breakfast

7:00 to 12:00 hs

EMPORIO  
CIUDAD DE MÉXICO

**Dial extension**

**00**

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# HEALTHY START

## OVERNIGHT OATMEAL & CHIA BOWL

| 200 g | 420 cal | \$112

Made with sugar free coconut and almond milk served with red fruits and homemade low sugar granola

## AVOCADO TOAST | 1 piece | 473 cal | \$164

With scrambled or poached eggs (2 pieces), cilantro and olive oil

## SUGAR FREE GREEK PLAIN YOGURT

| 200 g | \$89

Prepared with red fruits & vanilla essence, topped with homemade trail mix

## FRUIT PLATE | 450 g | \$136

With cottage cheese or yoghurt (60 g) and homemade granola

## PANELA CHEESE AND TURKEY

### HAM SANDWICH | 1 piece | \$185

Housemade bread, tomato, lettuce, avocado and mayonnaise

## OATMEAL | 250 g | 380 cal | \$67

Traditional, prepared with milk or water

## EGG WHITES' MEXICAN STYLE

| 4 pieces | 360 cal | \$123

Served with grilled panela cheese and roasted vegetables

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## SWEET CLASSICS

**FRENCH TOAST | 4 pieces | \$126**

**TRADITIONAL PANCAKES**

**| 5 pieces | \$149**

**WAFFLES | 4 pieces | \$134**

Served with your choice of:

- Yogurt • Berries coulis • Domestic maple

*Maple* 

Try the delicate and soft flavor of the original Canadian maple syrup extracted from maple trees sap. It will uplift your dishes to a whole new level of delight.

You got to taste it!

**Upgrade it for \$60 extra**

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## HOMEMADE BREAD

**| 3 pieces | \$73**

- Pastries • Bun • Sliced bread

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## EGGS

| **2 pieces** | **\$191**

Served with refried beans, grilled panela cheese and fried plantain

Your choice of up to 4 ingredients (60 g in all):

Tomato, onion, mushroom, spinach, peppers, huitlacoche, squash blossom, ham, bacon, turkey breast, chorizo, caramelized onion, oaxaca cheese, cheddar cheese, panela cheese, goat cheese, cream cheese

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## OMELETTE

| **3 eggs** | **\$202**

With refried beans, grilled panela cheese and fried plantain

- Ham and cheddar cheese omelette
  - Egg white omelette with spinach, tomato and goat cheese
  - Huitlacoche and oaxaca cheese omelette
  - Poblano pepper and corn omelette
- Egg plates can be cooked with whole eggs or whites only, to your choice

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# SPECIALTIES

## **CHILAQUILES | \$169**

Red or green or Mexican mole sauce, with sour cream, cheese, cilantro and onion

**With chicken | 150 g | \$192**

**With egg | 2 pieces | \$186**

**With flank steak | 150 g | \$265**

## **ENCHILADAS | 3 pieces | \$215**

Stuffed with chicken (150 g), your choice of red, green, Mexican mole sauce or suizas, topped with cheese, sour cream, onion and cilantro

## **PANELA CHEESE AND TURKEY**

### **HAM SANDWICH | 1 piece | \$185**

Housemade bread, tomato, lettuce, avocado and mayonnaise

## **VERACRUZ-STYLE EGGS | 3 pieces | \$215**

Burritos filled with Mexican-style scrambled eggs, with bean sauce, chorizo, sour cream and cheese, with roasted chilli

## **EGGS RANCHERO-STYLE | 2 pieces | \$175**

Two fried eggs over corn tortilla poured with red ranchera sauce, accompanied with roasted plantain, grilled panela cheese and refried beans

## **QUESABIRRIAS | 3 pieces | \$225**

Birria-style cooked beef folded into a tortilla with melted cheese and served with a side of broth (200 ml)

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# CLASSIC BREAKFASTS

## ENGLISH BREAKFAST | \$277

A classic breakfast served with sausage (30 g) , smoked bacon (20 g), hash brown potato (1 piece), sautéed mushrooms and grilled tomato

## AMERICAN BREAKFAST | \$277

Fruit plate and juice, coffee, tea or milk, pastries or toast; eggs (2 pieces) with bacon, ham or sausage (30 g), refried beans, grilled panela cheese and fried plantain

## CALORIE-WISE | 636 cal | \$277

Egg whites Mexican style with grilled panela cheese and roasted vegetables, overnight oatmeal and chia bowl (100 g) and grapefruit juice (250 ml)

## HOUSE BREAKFAST | \$277

Fruit plate, seasonal juice, tirado-style eggs (scrambled with beans, 2 pieces), green enchilada, grilled panela cheese, coffee, tea or milk, bread or tortillas

- Classic breakfasts include: fruit plate (250 g), juice or milk (300 ml), coffee (355 ml) or tea (355 ml), pastries or whole wheat or white toast (2 pieces)

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# EXTRA ORDER

| **\$45 each**

- Ham (60 g) · Turkey ham (60 g) · Bacon (60 g)
- Grilled panela cheese (60 g) · Refried beans (60 g)
- Avocado (60 g) · Hash brown (1 piece) · Egg (1 piece)

The consumption of raw or undercooked meat, poultry, seafood or egg products increases the risk of foodborne illnesses.

Prices in national currency, taxes included.

Average food weight before cooking.

AUGUST, 2023.