

# MARRIOTT TUXTLA GUTIÉRREZ



# Healthy ones Hill

- \$135 OVERNIGHT OATMEAL & CHIA BOWL

  | 200 g | 420 cal

  Made with sugar free coconut and almond milk served with red fruits and homemade low sugar granola •••
- \$135 AVOCADO TOAST | 1 PIECE | 473 cal
  With scrambled or poached eggs (2 pieces), cilantro
  and olive oil
- \$119 SUGAR FREE GREEK PLAIN YOGURT

  | 200 g

  Prepared with red fruits & vanilla essence, topped with homemade trail mix
- \$119 FRUIT PLATE | 450 g
  With cottage cheese or yogurt (60 g) and homemade granola
- \$145 PANELA CHEESE AND TURKEY HAM
  SANDWICH | 1 PIECE
  Housemade bread, tomato, lettuce, avocado and
  mayonnaise
  - \$85 OATMEAL | 250 g | 380 cal Traditional, prepared with milk or water
- \$145 EGG WHITES MEXICAN-STYLE

  | 4 PIECES | 360 cal

  Served with grilled panela cheese and roasted vegetables

# CLASSIC BREAKFASTS

Our classic breakfasts include: fruit plate (250 g), juice or milk (300 ml), house coffee (refill) or tea (210 ml), pastries or whole wheat or white toast (2 pieces).

#### \$219 CALORIE-WISE | 636 cal

Egg whites Mexican style with grilled panela cheese and roasted vegetables, overnight oatmeal and chia bowl (100 g) and grapefruit juice (250 ml)

#### \$245 HOUSE BREAKFAST

Fruit plate, seasonal juice, tirado-style eggs (scrambled with beans, 2 pieces), green enchilada, grilled panela cheese, coffee, tea or milk, bread or tortillas

#### \$235 AMERICAN BREAKFAST

Fruit plate and juice, coffee, tea or milk, pastries or toast; eggs (2 pieces) with bacon, ham or sausage (30 g), refried beans, grilled panela cheese and fried plantain

#### \$255 ENGLISH BREAKFAST

A classic breakfast served with sausage (30 g), smoked bacon (20 g), hash brown potato (1 piece), sautéed mushrooms and grilled tomato

# **OMELETTE**

\$165

3 EGGS

With refried beans, grilled panela cheese and fried plantain

HAM AND CHEDDAR CHEESE OMELETTE

EGG WHITE OMELETTE WITH SPINACH, TOMATO AND GOAT CHEESE

HUITLACOCHE AND OAXACA
CHEESE OMELETTE

POBLANO PEPPER AND CORN OMELETTE

# EGGS x

\$155

#### 2 PIECES

Served with refried beans, grilled panela cheese and fried plantain

#### YOUR CHOICE OF UP TO

4 INGREDIENTS (60 g in all):

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// Tomato // Onion // Mushroom // Spinach // Peppers
// Huitlacoche // Squash blossom // Ham // Bacon
// Turkey breast // Chorizo // Caramelized onion // Oaxaca
cheese // Cheddar cheese // Panela cheese // Goat cheese
// Cream cheese
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### HOMEMADE BREAD

#### 3 PIECES

Pastries // Bun // Sliced bread \$75

	MC	DERN CLASSICS
	\$149	CHILAQUILES  Red or green, with sour cream, cheese, cilantro and onion
	\$175	With chicken   150 g
	\$155	With egg   2 pieces
	\$215	With flank steak   150 g
*********	\$215	ENCHILADAS   3 PIECES  Stuffed with chicken (150 g), your choice of red, green, Mexican mole sauce or suizas, topped with cheese, sour cream, onion and cilantro
^^^	\$265	MEXICAN BEEF TRIPE SOUP   200 g A regional delight
	\$149	EGGS BENEDICT   2 PIECES With hash brown
***************************************	\$149	VERACRUZ-STYLE EGGS   3 PIECES Burritos filled with Mexican-style scrambled eggs, with bean sauce, chorizo, sour cream and cheese, with roasted chilli
	\$199	EGGS RANCHERO-STYLE   2 PIECES Two fried eggs over corn tortilla poured with red ranchera sauce, accompanied with roasted plan- tain, grilled panela cheese and refried beans
??????	\$155	MEDITERRANEAN FRITTATA   3 EGGS Egg whites only, tomato, feta cheese, olive oil and sea salt
	\$189	QUESABIRRIAS   3 PIECES  Birria-style cooked beef folded into a tortilla with melted cheese and served with a side of broth
~~~~	\$230	MARKET FLAVORS  Mexican beef tripe soup (100 g), sope with fried egg  (1 piece) and quesabirria (1 piece)

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- \$139 FRENCH TOAST | 4 PIECES
- \$155 TRADITIONAL PANCAKES | 5 PIECES
- \$155 WAFFLES | 4 PIECES

#### Served with your choice of:

- Yogurt
- Berries coulis
- Domestic maple

# Maple syrup\*

Try the delicate and soft flavor of the original Canadian maple syrup extracted from maple trees sap. It will uplift your dishes to a whole new level of delight.

You got to taste it!

**UPGRADE IT FOR \$50 EXTRA** 

# REGIONAL SPECIALS

# \$85 FRUIT PARFAIT WITH CHIA YOGURT | 150 g Seasonal fruit selection covered in chia yogurt

# \$145 SIMOJOVEL SAUCE CHIAPAS-STYLE TORTILLA

200 g

Simojovel chilli and chipilin herb join for this classic of the house

#### \$135 CHIAPAS CHEESE OMELETTE | 3 EGGS

Omelette stuffed with the traditional cheese of the region, served with refried beans and fried plantain

# ||||||||||||||| EXTRAS | \$59 |||||||||||||||||

HAM | 60 g BACON | 60 g TURKEY HAM | 60 g GRILLED PANELA CHEESE | 60 g REFRIED BEANS | 180 g AVOCADO | 60 g HASH BROWN | 1 PIECE EGG | 1 PIECE

# BEVERAGES

\$55	***************************************	JUICE   300 ml Orange, grapefruit, carrot, green
\$48	>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	MILK   300 ml Low-fat, soy, lactose-free
\$48	>>\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	MILK CHOCOLATE   210 ml Hot or cold
\$48	»>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>	COFFEE   210 ml
\$65	»))))))	ESPRESSO   40 ml
\$115	»))))))	DOUBLE ESPRESSO   80 ml
\$65	»))))))	CAPPUCCINO   210 ml
\$55	»))))))	LATTE   210 ml
\$65	»))))))	CHAI LATTE   210 ml
\$55	»))))))	TEA   210 ml, 1 bag





#### **CHEF'S RECOMMENDATION**

The consumption of raw or undercooked meat, poultry, seafood or egg products increases the risk of foodborne illnesses

Prices in Mexican pesos

Tax included

Average weight of food before cooking

August, 2023.