



ROOM SERVICE

Breakfast

5 hrs – 12 hrs

MARRIOTT
TUXTLA GUTIÉRREZ

Dial extension

0

HEALTHY START

OVERNIGHT OATMEAL & CHIA BOWL

| 200 g | 420 cal | \$152

Made with sugar free coconut and almond milk served with red fruits and homemade low sugar granola

SUGAR FREE GREEK PLAIN YOGURT

| 200 g | \$134

Prepared with red fruits & vanilla essence, topped with homemade trail mix

EGG WHITES MEXICAN-STYLE

| 4 pieces | 360 cal | \$164

Served with grilled panela cheese and roasted vegetables

AVOCADO TOAST | 1 piece | 473 cal | \$152

With scrambled or poached eggs (2 pieces), cilantro and olive oil

MEDITERRANEAN FRITTATA

| 3 eggs | \$175

Egg whites only, with tomato, feta cheese, olive oil and sea salt

FRUIT AND CEREALS

OATMEAL | 250 g | 380 cal | \$96

Traditional, prepared with milk or water

HOMEMADE BREAD | 3 pieces | \$85

• Pastries • Bun • Sliced bread

FRUIT PLATE | 450 g | \$134

With cottage cheese or yoghurt (60 g) and home-made granola

CEREAL | 355 cal | \$96

Your choice of whole, lactose-free or light milk (240 ml), with banana slices or strawberry slices

• Frosted Flakes (30 g) • Froot Loops (25 g) • Corn Pops (30g) • Choco Krispis (38 g) • Special K (50 g) • All-Bran (38 g) • Corn Flakes (25 g)

SWEET CLASSICS

FRENCH TOAST | 4 pieces | \$157

**TRADITIONAL PANCAKES
| 5 pieces | \$175**

WAFFLES | 4 pieces | \$175

Served with your choice of:

- Yogurt
- Berries coulis
- Domestic maple

MAPLE SYRUP

Try the delicate and soft flavor of the original Canadian maple syrup extracted from maple trees sap. It will uplift your dishes to a whole new level of delight.

You got to taste it!

Upgrade it for \$56 extra

EGGS

2 pieces | \$175

Served with refried beans, grilled panela cheese and fried plantain.

Your choice from up to 4 ingredients
(60 g, altogether):

Tomato, onion, mushrooms, spinach, peppers, squash blossoms, huitlacoche (maize mushroom), ham, bacon, turkey breast, chorizo, caramelized onion, oaxaca cheese, cheddar cheese, panela cheese, goat cheese, cream cheese

OMELETTE

3 eggs | \$186

Served with refried beans, grilled panela cheese and fried plantain

- **Ham and cheddar**
- **Egg white omelette with spinach, tomato and goat cheese**
- **Huitlacoche and oaxaca cheese**
- **Poblano pepper and corn omelette**

Egg plates can be cooked with whole eggs or whites only, to your choice

SPECIALTIES

CHILAQUILES | \$168

Red or green, with sour cream, cheese, cilantro and onion

With chicken | 150 g | \$198

With egg | 2 pieces | \$175

With flank steak | 150 g | \$292

ENCHILADAS | 3 pieces | \$243

Stuffed with chicken (150 g), your choice of red, green, Mexican mole sauce or suizas, topped with cheese, sour cream, onion and cilantro

PANELA CHEESE AND TURKEY HAM SANDWICH | 1 piece | \$164

Housemade bread, tomato, lettuce, avocado and mayonnaise

VERACRUZ-STYLE EGGS | 3 pieces | \$168

Burritos filled with Mexican-style eggs (with chopped tomato, onion and spicy peppers), with bean sauce, chorizo, sour cream, cheese and roasted chilli

EGGS RANCHERO-STYLE | 2 pieces | \$225

Two fried eggs over corn tortilla poured with red ranchera sauce, accompanied with roasted plantain, grilled panela cheese and refried beans

QUESABIRRIAS | 3 pieces | \$213

Birria-style cooked beef folded into a tortilla with melted cheese and served with a side of broth

CLASSIC BREAKFASTS

ENGLISH BREAKFAST | \$288

A classic breakfast served with sausage (30 g) , smoked bacon (20 g), hash brown potato (1 piece), sautéed mushrooms and grilled tomato

AMERICAN BREAKFAST | \$265

Fruit plate and juice, coffee, tea or milk, pastries or toast; eggs (2 pieces) with bacon, ham or sausage (30 g), refried beans, grilled panela cheese and fried plantain

CALORIE-WISE | 636 cal | \$247

Egg whites Mexican style with grilled panela cheese and roasted vegetables, overnight oatmeal and chia bowl (100 g) and grapefruit juice (250 ml)

HOUSE BREAKFAST | \$277

Fruit plate, seasonal juice, tirado-style eggs (s-crambled with beans, 2 pieces), green enchilada, grilled panela cheese, coffee, tea or milk, bread or tortillas

Classic breakfasts include: fruit plate (250 g), juice or milk (300 ml), coffee (355 ml) or tea (355 ml), pastries or whole wheat or white toast (2 pieces)

EXTRA ORDER

| \$69

- Ham (60 g)
- Turkey ham (60 g)
- Bacon (60 g)
- Grilled panela cheese (60 g)
- Refried beans (60 g)
- Avocado (60 g)
- Hash brown (1 piece)
- Egg (1 piece)

Marque extensión 0 para realizar su orden.

Peso promedio de alimentos antes de cocción.

El consumo de productos crudos o poco cocinados en carnes, aves, mariscos o huevos, aumentan el riesgo a padecer enfermedades alimenticias.

Precios en moneda nacional. Incluyen impuestos.

AGOSTO, 2023.