



# ROOM SERVICE

**Breakfast**

**5 hrs – 12 hrs**

MARRIOTT  
TIJUANA

**Dial extension**  
**0**

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# HEALTHY START

## OVERNIGHT OATMEAL & CHIA BOWL

**| 200 g | 420 cal | \$137**

Made with sugar free coconut and almond milk served with red fruits and homemade low sugar granola

## SUGAR FREE GREEK PLAIN YOGURT

**| 200 g | \$113**

Prepared with red fruits & vanilla essence, topped with homemade trail mix

## EGG WHITES MEXICAN-STYLE

**| 4 pieces | 360 cal | \$159**

Served with grilled panela cheese and roasted vegetables

## AVOCADO TOAST | 1 piece | 473 cal | \$227

With scrambled or poached eggs (2 pieces), cilantro and olive oil

## MEDITERRANEAN FRITTATA

**| 3 eggs | \$273**

Egg whites only, with tomato, feta cheese, olive oil and sea salt

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# FRUIT AND CEREALS

## **OATMEAL | 250 g | 380 cal | \$113**

Traditional, prepared with milk or water

## **HOMEMADE BREAD | 3 pieces | \$89**

• Pastries • Bun • Sliced bread

## **FRUIT PLATE | 450 g | \$159**

With cottage cheese or yoghurt (60 g) and home-made granola

## **CEREAL | 355 cal | \$110**

Your choice of whole, lactose-free or light milk (240 ml), with banana slices or strawberry slices

• Frosted Flakes (30 g) • Froot Loops (25 g) • Corn Pops (30g) • Choco Krispis (38 g) • Special K (50 g) • All-Bran (38 g) • Corn Flakes (25 g)

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# SWEET CLASSICS

**FRENCH TOAST | 4 pieces | \$154**

**TRADITIONAL PANCAKES  
| 5 pieces | \$165**

**WAFFLES | 4 pieces | \$165**

Served with your choice of:

• Yogurt • Berries coulis • Domestic maple

## MAPLE SYRUP

Try the delicate and soft flavor of the original Canadian maple syrup extracted from maple trees sap. It will uplift your dishes to a whole new level of delight.

You got to taste it!

**Upgrade it for \$71 extra**

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# EGGS

**2 pieces | \$273**

Served with refried beans, grilled panela cheese and fried plantain.

Your choice from up to 4 ingredients  
(60 g, altogether):

Tomato, onion, mushrooms, spinach, peppers, squash blossoms, huitlacoche (maize mushroom), ham, bacon, turkey breast, chorizo, caramelized onion, oaxaca cheese, cheddar cheese, panela cheese, goat cheese, cream cheese

# OMELETTE

**3 eggs | \$285**

Served with refried beans, grilled panela cheese and fried plantain

- **Ham and cheddar**
- **Egg white omelette with spinach, tomato and goat cheese**
- **Huitlacoche and oaxaca cheese**
- **Poblano pepper and corn omelette**

Egg plates can be cooked with whole eggs or whites only, to your choice



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# SPECIALTIES

## CHILAQUILES | \$227

Red or green, with sour cream, cheese, cilantro and onion

**With chicken | 150 g | \$251**

**With egg | 2 pieces | \$227**

**With flank steak | 150 g | \$427**

## ENCHILADAS | 3 pieces | \$313

Stuffed with chicken (150 g), your choice of red, green, Mexican mole sauce or suizas, topped with cheese, sour cream, onion and cilantro

## PANELA CHEESE AND TURKEY HAM SANDWICH | 1 piece | \$302

Housemade bread, tomato, lettuce, avocado and mayonnaise

## VERACRUZ-STYLE EGGS | 3 pieces | \$262

Burritos filled with Mexican-style eggs (with chopped tomato, onion and spicy peppers), with bean sauce, chorizo, sour cream, cheese and roasted chilli

## EGGS RANCHERO-STYLE | 2 pieces | \$262

Two fried eggs over corn tortilla poured with red ranchera sauce, accompanied with roasted plantain, grilled panela cheese and refried beans

## QUESABIRRIAS | 3 pieces | \$273

Birria-style cooked beef folded into a tortilla with melted cheese and served with a side of broth

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# CLASSIC BREAKFASTS

## ENGLISH BREAKFAST | \$302

A classic breakfast served with sausage (30 g) , smoked bacon (20 g), hash brown potato (1 piece), sautéed mushrooms and grilled tomato

## AMERICAN BREAKFAST | \$319

Fruit plate and juice, coffee, tea or milk, pastries or toast; eggs (2 pieces) with bacon, ham or sausage (30 g), refried beans, grilled panela cheese and fried plantain

## CALORIE-WISE | 636 cal | \$279

Egg whites Mexican style with grilled panela cheese and roasted vegetables, overnight oatmeal and chia bowl (100 g) and grapefruit juice (250 ml)

## HOUSE BREAKFAST | \$341

Fruit plate, seasonal juice, tirado-style eggs (scrambled with beans, 2 pieces), green enchilada, grilled panela cheese, coffee, tea or milk, bread or tortillas

Classic breakfasts include: fruit plate (250 g), juice or milk (300 ml), coffee (355 ml) or tea (355 ml), pastries or whole wheat or white toast (2 pieces)

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# EXTRA ORDER

| \$74

- Ham (60 g)
- Turkey ham (60 g)
- Bacon (60 g)
- Grilled panela cheese (60 g)
- Refried beans (60 g)
- Avocado (60 g)
- Hash brown (1 piece)
- Egg (1 piece)



Dial extension 0 to place your order.

Average food weight before cooking.

The consumption of raw or undercooked meat, poultry, seafood or egg products increases the risk of foodborne illnesses.

Prices in national currency, taxes included.

OCTOBER, 2024.