# ROOM SERVICE 

Breakfast
5 hrs - 12 hrs

MARRIOTT
TIJUANA

Dial extension 0

## HEALTHY START

## OVERNIGHT OATMEAL \& CHIA BOWL | 200 g | $420 \mathrm{cal} \mid \$ 140$

Made with sugar free coconut and almond milk served with red fruits and homemade low sugar granola

## SUGAR FREE GREEK PLAIN YOGURT | 200 g | $\$ 115$

Prepared with red fruits \& vanilla essence, topped with homemade trail mix

## EGG WHITES MEXICAN-STYLE

| 4 pieces | 360 cal | $\$ 140$

Served with grilled panela cheese and roasted vegetables

## AVOCADO TOAST | 1 piece | 473 cal | $\$ 230$

With scrambled or poached eggs (2 pieces), cilantro and olive oil

## MEDITERRANEAN FRITTATA

## | 3 eggs | $\$ 275$

Egg whites only, with tomato, feta cheese, olive oil and sea salt

## FRUIT AND CEREALS

## OATMEAL| $250 \mathrm{~g} \mid 380 \mathrm{cal\mid}$ | 113

Traditional, prepared with milk or water

HOMEMADE BREAD \| 3 pieces \| \$90<br>- Pastries • Bun • Sliced bread

## FRUIT PLATE | $450 \mathrm{~g} \mid \$ 160$

 With cottage cheese or yoghurt ( 60 g ) and homemade granola
## CEREAL | 355 cal| $\$ 99$

Your choice of whole, lactose-free or light milk
( 240 ml ), with banana slices or strawberry slices

- Frosted Flakes (30 g) • Froot Loops (25 g) • Corn

Pops (30g) •Choco Krispis (38 g) •Special K (50 g)

- All-Bran (38 g) •Corn Flakes (25 g)


## SWEET CLASSICS

FRENCH TOAST \| 4 pieces | \$ 154

## TRADITIONAL PANCAKES

| 5 pieces ${ }^{\text {| }} \mathbf{1 6 5}$

## WAFFLES | 4 pieces $\mid \$ 165$

Served with your choice of:

- Yogurt • Berries coulis • Domestic maple


## MAPLE SYRUP

Try the delicate and soft flavor of the original Canadian maple syrup extracted from maple trees sap. It will uplift your dishes to a whole new level of delight.

You got to taste it!

## Upgrade it for $\$ 60$ extra

## EGGS

2 pieces | $\$ 275$
Served with refried beans, grilled panela cheese and fried plantain.

Your choice from up to 4 ingredients ( 60 g , altogether):
Tomato, onion, mushrooms, spinach, peppers, squash blossoms, huitlacoche (maize mushroom), ham, bacon, turkey breast, chorizo, caramelized onion, oaxaca cheese, cheddar cheese, panela cheese, goat cheese, cream cheese

## OMELETTE

## 3 eggs | $\$ 285$

Served with refried beans, grilled panela cheese and fried plantain

- Ham and cheddar
- Egg white omelette with spinach, tomato and goat cheese
- Huitlacoche and oaxaca cheese
- Poblano pepper and corn omelette

Egg plates can be cooked with whole eggs or whites only, to your choice

## SPECIALTIES

## CHILAQUILES |\$210

Red or green, with sour cream, cheese, cilantro and onion
With chicken | $150 \mathrm{~g} \mid \$ 250$
With egg| 2 pieces $\mid \$ 227$
With flank steak | $150 \mathrm{~g} \mid \$ 427$

## ENCHILADAS | 3 pieces | $\$ 250$

Stuffed with chicken (150 g), your choice of red, green, Mexican mole sauce or suizas, topped with cheese, sour cream, onion and cilantro

## PANELA CHEESE AND TURKEY HAM SANDWICH \| 1 piece \| $\mathbf{2 9 9}$

Housemade bread, tomato, lettuce, avocado and mayonnaise

VERACRUZ-STYLE EGGS | 3 pieces $\mid \$ 262$ Burritos filled with Mexican-style eggs (with chopped tomato, onion and spicy peppers), with bean sauce, chorizo, sour cream, cheese and roasted chilli

EGGS RANCHERO-STYLE \| 2 pieces \| $\mathbf{\$ 2 6 2}$
Two fried eggs over corn tortilla poured with red ranchera sauce, accompanied with roasted plantain, grilled panela cheese and refried beans

QUESABIRRIAS | 3 pieces | \$ 275
Birria-style cooked beeffolded into a tortilla with melted cheese and served with a side of broth

## CLASSIC BREAKFASTS

## ENGLISH BREAKFAST \| $\mathbf{2 9 9}$

A classic breakfast served with sausage (30 g), smoked bacon (20 g), hash brown potato (1 piece), sautéed mushrooms and grilled tomato

## AMERICAN BREAKFAST \| \$ 319

Fruit plate and juice, coffee, tea or milk, pastries or toast; eggs (2 pieces) with bacon, ham or sausage $(30 \mathrm{~g})$, refried beans, grilled panela cheese and fried plantain

## CALORIE-WISE \| 636 cal| $\$ 280$

Egg whites Mexican style with grilled panela cheese and roasted vegetables, overnight oatmeal and chia bowl (100 g) and grapefruit juice ( 250 ml )

## HOUSE BREAKFAST \| \$ 40

Fruit plate, seasonal juice, tirado-style eggs (scrambled with beans, 2 pieces), green enchilada, grilled panela cheese, coffee, tea or milk, bread or tortillas

> Classic breakfasts include: fruit plate ( 250 g ), juice or milk ( 300 ml ), coffee ( 355 ml ) or tea ( 355 ml ), pastries or whole wheat or white toast ( 2 pieces)

## EXTRA ORDER | \$74

- $\operatorname{Ham}$ (60 g)
- Turkey ham (60 g)
- Bacon (60 g)
- Grilled panela cheese (60 g)
- Refried beans (60 g)
- Avocado (60 g)
- Hash brown (1 piece)
- Egg (1 piece)


## ROOM

## SERVICE

 Lunch \& dinner 12 hrs - 23 hrsMARRIOTT
TIJUANA

Dial extension 0

## HEALTHY

## MEDITERRANEAN QUINOA SALAD

$250 \mathrm{~g}|380 \mathrm{cal}| \$ 176$
Fresh combination of cucumber, tomato, bell pepper, olives and quinoa with lemon \& extra virgin olive oil dressing

## LOW CARB

And high protein. Served with mix of tomatoes, cucumber, red onion, kale, spinach, and a delicious lemon and olive oil vinaigrette

Grilled chicken breast | $200 \mathrm{~g} \mid \$ 340$
Roasted salmon steak | $200 \mathrm{~g} \mid \$ 475$
Grilled tenderloin beef strip | $200 \mathrm{~g} \mid \$ 520$

## VEGETABLES WRAP \| 1 piece $\mid \$ 300$

Prepared with grilled panela cheese, pesto mushrooms, served with mix of tomatoes, cucumber, red onion, kale, spinach, and our lemon and olive oil vinaigrette

## CHICKEN \& NOODLE SOUP | 250 ml | \$119

Chicken consommé with noodles and shredded chicken breast, broccoli, carrots and zucchini

## APPETIZERS

## MELTED CHEESE|200 g|\$222

Plain or with mushrooms, chorizo or poblano peppers, served with flour or corn tortillas

RIB EYE TACOS | 5 pieces | $200 \mathrm{~g} \mid \$ 586$ Our famous tacos served with melted cheese, guacamole and sautéed chilis

ACAPULCO-STYLE SHRIMP COCKTAIL | 130 g | $\$ 310$
Traditional, a true delight!

BAJA-STYLE FISH TACOS | 2 pieces | $\$ 290$ Battered fish fillet topped with coleslaw, chipotle mayo and avocado

## SHRIMP AGUACHILE | $130 \mathrm{~g} \mid \$ 340$

Mexican Pacific classic recipe. Fresh shrimps marinated with cucumber, cilantro, serrano chili, avocado and fresh lime juice

The consumption of raw or undercooked meat, poultry, seafood or egg products increases the risk of foodborne illnesses

## SOUPS \& CREAMS

MEXICAN-STYLE CORN CREAM | 250 ml | $\$ 137$
One of the most tipical mexican flavors captured in this mouth watering cream

TORTILLA SOUP \| 250 ml | $\$ 113$
Served with avocado, panela cheese, pork rinds, pasilla chilli and sour cream

CHICKEN BROTH | 250 ml | $\$ 120$
Shredded chicken (60 g), vegetables, rice, with classic sides

## SALADS

## CLASSIC CAESAR SALAD | \$ 193

With chicken | $150 \mathrm{~g} \mid \$ 225$
With shrimp | $100 \mathrm{~g} \mid \$ 310$

FARMER'S SALAD \| $\mathbf{\$ 1 0}$
Mix of lettuces, cucumber, carrot, tomato, celery, onion, avocado and hearts of palm, with fine herb vinaigrette

## SPINACH SALAD | $265 \mathrm{~g} \mid \$ 210$

With mango dressing, caramelized pecans, grapes and goat cheese in panko

## ITALIAN CORNER

Our dishes are prepared with 200 g of pasta

## FETUCCINI ALFREDO | \$430

With shrimps (200 g)

## PASTA | \$ 340

Your choice of pasta and sauce:
Short pastas: Fussilli | Penne
Long pastas: Spaghetti | Fettuccini
Sauces: Bolognese | Pomodoro | Pesto | Alfredo

## MAIN DISHES

## FILLET MIGNON | 200 g | $\$ 523$

Wrapped in bacon, served with creamy mushroom sauce and french fries

ENCHILADAS | 3 pieces | $\$ 275$
Your choice of red, green, Mexican mole sauce or creamy sauce. Stuffed with chicken (150 g), topped with cheese, sour cream, onion and cilantro

## MARINATED FLANK STEAK | 200 g | \$454

With onions and roasted chillis, guacamole and corn tortillas

## TAMPIQUEÑA-STYLE GRILLED MEAT

 | 200 g | $\$ 523$With refried beans, mole enchilada and sliced poblano peppers with sour cream

GRILLED SALMON | 200 g | \$427
With mashed sweet potatoes and green salad

## SEARED TUNA WITH SESAME SEED CRUST | $200 \mathrm{~g} \mid \$ 399$

Garnished with sautéed spinach with garlic

## SHRIMP| $200 \mathrm{~g} \mid \$ 490$

Served with white rice
Your choice of: guajillo pepper, sautéed with garlic, grilled or breaded

## SANDWICHES

## CLASSIC HAMBURGER\| 1 piece \| $\$ 310$

 Beef patty ( 240 g ) with cheese, bacon, lettuce, tomato, onion and pickles, served with french fries
## PANELA CHEESE AND TURKEY HAM SANDWICH| 1 piece \| $\$ 305$ <br> Housemade bread, tomato, lettuce, avocado and mayonnaise

## CLUB SANDWICH \| 1 piece \| $\$ 300$

 Delicious focaccia with ham (40 g), chicken (100 g), cheese and bacon (20 g), served with french fries
## BREADED TENDERLOIN TORTA <br> | 1 piece ${ }^{\text {| }} \mathbf{\$ 4 0}$

Homemade bread filled with breaded tenderloin (200 g), melted cheese (90 g), ham (70 g), avocado and fresh tomato, served with pickled vegetables and chili

## STEAK \& CHEESE PANINI\| 1 piece \| 455

With flank steak (200 g), caramelized onion, manchego cheese, chipotle mayo, served with french fries

Dial extension 0 to place your order.

Average food weight before cooking.

The consumption of raw or undercooked meat, poultry, seafood or egg products increases the risk of foodborne illnesses.

Prices in national currency, taxes included.

AUGUST, 2023.

## ROOM



## Desserts

24 hrs

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## CARAMEL FLAN

| 1 portion, $140 \mathrm{~g} \mid \$ 125$
Spongy caramel flan, served with pecans

## THREE MILKS CAKE

| 1 portion, $200 \mathrm{~g} \mid \$ 148$
Our famous recipe, served with whipped cream, strawberry and rompope

## GLUTEN FREE CHOCOLATE CAKE

 | 1 slice, $200 \mathrm{~g} \mid \$ 167$Homemade with fine cacao and a delicious chocolate ganache

## CHEESECAKE

| 1 slice, $180 \mathrm{~g} \mid \$ 130$
The creamy traditional, served with red fruits compote

# ROOM 



Night service
23 hrs - 5 hrs

MARRIOTT
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Dial extension 0

## APPETIZERS

## MELTED CHEESE|200 g|\$222

Plain or with mushrooms, chorizo or poblano peppers, served with flour or corn tortillas

FETUCCINI ALFREDO | \$430
With shrimp (100 g)

## TORTILLA SOUP \| $250 \mathrm{ml} \|$ \$ 120

Served with avocado, panela cheese, pork rinds, pasilla chilli and sour cream

## CHICKEN BROTH \| $250 \mathrm{ml} \mid \$ 113$

Shredded chicken, vegetables, rice, with classic sides

## SANDWICHES

## CLASSIC HAMBURGER\|1 piece \| $\mathbf{~} 310$

 Beef patty (240 g) with cheese, bacon, lettuce, tomato, onion and pickles, served with french friesCLUB SANDWICH| 1 piece | \$300 Delicious focaccia with ham (40 g), chicken (100 g), cheese and bacon (20 g), served with french fries

## PANELA CHEESE AND TURKEY HAM SANDWICH \| 1 piece \| $\$ 305$

 Housemade bread, tomato, lettuce, avocado and mayonnaise
## BREADED TENDERLOIN TORTA

## | 1 piece | $\$ 340$

Homemade bread filled with breaded tenderloin (200 g), melted cheese (90 g), ham (70 g), avocado and fresh tomato, served with pickled vegetables and chili

## SALADS

## FARMER'S SALAD \| \$ 10

Mix of lettuces, cucumber, carrot, tomato, celery, onion, avocado and hearts of palm, with fine herb vinaigrette

## MAIN DISHES

## ENCHILADAS | 3 pieces | \$275

Stuffed with chicken (150 g), your choice of red, green, Mexican mole sauce or suizas, topped with cheese, sour cream, onion and cilantro

## DESSERTS

## CARAMEL FLAN <br> | 1 portion, $140 \mathrm{~g} \mid \$ 125$ <br> Spongy caramel flan, served with pecans

## THREE MILKS CAKE

| 1 portion, $200 \mathrm{~g} \mid \$ 148$
Our famous recipe, served with whipped cream, strawberry and rompope

GLUTEN FREE CHOCOLATE CAKE | 1 slice, $200 \mathrm{~g} \mid \$ 167$
Homemade with fine cacao and a delicious chocolate ganache

## CHEESECAKE

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The creamy traditional, served with red fruits compote

## ROOM



Beverages
24 hrs

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## COFFEE

REGULAR AMERICAN | 210 ml | $\$ 63$

DECAFFEINATED | $210 \mathrm{ml} \mid \$ 63$

PITCHER
Regular or decaffeinated
Small| $500 \mathrm{ml} \mid \$ 189$
Large| 1 I|\$299

CAPPUCCINO | $210 \mathrm{ml} \mid \$ 109$

## BEVERAGES

MILK | 300 ml | $\$ 63$
Whole, low-fat and lactose-free

CHOCOLATE MILK | 210 ml | \$63 Hot or cold

CHAI LATTE | $210 \mathrm{ml} \|$ \$115
TEA | $210 \mathrm{ml}, 1$ bag | $\$ 63$

LEMONADE OR ORANGEADE | $355 \mathrm{ml} \|$ \$ 74

SODA | 355 ml|\$57

## BOTTLED WATER \| 600 ml | \$5 1

## WINE

## SPARKLING

Prosecco Valdo Millesimato
Glass (150 ml) |\$255
Bottle (750 ml) |\$1140

## WHITE

Ask for our Sommelier's selection and its price
Glass ( 150 ml )
Bottle ( 750 ml )

RED
Invierno Cetto Petit Verdot
Glass (150 ml) |\$187
Bottle (750 ml) |\$840

Dominó Grenache Tempranillo Syrah Mourvedre
Glass ( 150 ml) | $\$ 280$ Bottle (750 ml) |\$1255

# BEER <br> 355 ml 

## DOMESTIC BEER $\boldsymbol{\$ 1 1 5}$ <br> Corona, Corona Light, Modelo Especial

PREMIUM BEER | \$ 150
Negra Modelo, XX Lager, Bohemia, Stella Artois

